Pos	Bib	Firstname	Lastname	Club	Finish	Chiptime
1	499	Daryll	Wills		00:16:25	00:16:24
2	243	Michael	Morrison		00:19:02	00:18:58
3	10	Christopher	Ballentine	Belfast Frontrunners	00:19:05	00:19:03
4	17	Emma	Dowdeswell	Belfast FrontRunners	00:19:07	00:19:06
5	2	Mark	Dornan	Belfast Front Runners	00:19:20	00:19:06
6	180	John	Mcconnell		00:19:24	00:19:23
7	110	Dylan	Gray		00:19:27	00:19:25
8	166	Aidan	Rodgers	Sydney Frontrunners	00:19:34	00:19:31
9	493	AN	Other		00:19:40	00:19:36
10	114	Nathan	Mullan		00:19:44	00:19:43
11	79	Jon	Edwards	Belfast Azlans	00:20:11	00:19:49
12	421	Alexander	McCaul		00:20:28	00:20:03
13	345	Simon	McCrory	N/A	00:20:33	00:20:28
14	66	Peter	Galt	Belfast frontrunners	00:20:44	00:20:32
15	71	David	Kelly	ROADRUNNERS A.C	00:20:47	00:20:03
16	172	Benjamin	Brannigan		00:20:50	00:20:47
17	84	Adam	Wilson-Yendall	Belfast Azlans	00:20:56	00:20:34
18	276	Jenna	Ross-Brown		00:21:02	00:20:53
19	350	Nicholas	Henderson		00:21:13	00:21:09
20	395	Emma	Lavery		00:21:22	00:21:15
21	379	Thomas	Reid	Technically	00:21:32	00:21:31
22	436	Chris	Dineley		00:21:40	00:21:16
23	471	Mark	Gallagher		00:21:45	00:21:34
24	199	Dave	Smyth	Belfast FrontRunners	00:21:46	00:21:01
25	437	Vikky	Reid		00:21:46	00:21:37
26	33	Shaun	Henry	Belfast Running Club	00:21:49	00:21:44
27	307	Christopher	McNamee		00:22:04	00:22:02
28	9	Matt	Kelly	Belfast Frontrunners	00:22:04	00:21:41
29	29	Andrew	Bates	Orangegrove A.C.	00:22:13	00:21:54
30	383	Autumn	Hendrix		00:22:17	00:21:56
31	22	Kathryn	Walls	Belfast Frontrunners	00:22:28	00:22:24
32	104	Galileo	Robin		00:22:35	00:22:34
33	13	Andrew	Muir	Belfast Frontrunners	00:22:50	00:22:42
34	101	Will	Galloway	Belfast Frontrunners	00:22:54	00:22:35
35	117	Niall	Robb	Vegan Runners	00:22:59	00:22:53
36	118	Laura	Murphy	Vegan Runners	00:22:59	00:22:52
37	19	Conor	Russell	BFR	00:23:16	00:23:02
38	495	S	McElroy		00:23:18	00:23:17
39	39	Kip	Alizadeh	Belfast Frontrunners	00:23:36	00:23:30
40	15	Naomhán	O'Connor	Belfast Frontrunners	00:23:38	00:23:11
41	210	Graham	Newton	Belfast Frontrunners	00:23:42	00:23:37
42	185	David	McCandless		00:23:45	00:23:22
43	216	Minoli	Mccune		00:23:45	00:23:38
44	438	William	McSherry	Front Runners	00:23:49	00:23:32
45	3	Paul	O'Donoghue	Belfast FrontRunners	00:23:49	00:23:33
46	355	Oliver	Daly	Moynalty AC	00:23:58	00:23:40
47	222	Gavin	Nicholl		00:24:01	00:23:56
48	128	Oisín	Donnelly		00:24:02	00:23:52
49	389	Ian	Patton		00:24:02	00:23:36
50	7	Robin	Mairs	Belfast Frontrunners	00:24:04	00:23:29
51	54	Thomas	Friel		00:24:04	00:23:39

52	308	CIARÁN	MCGEOUGH	WEST BELFAST COOLERS	00:24:08	00:23:53
53	358	Mark	Carleton		00:24:09	00:24:06
54	335	Claire	Mullan		00:24:09	00:24:03
55	494	AN	Other		00:24:09	00:23:53
56	424	Anna	Pollock	Belfast Frontrunners	00:24:30	00:24:23
57	412	Logan	McGarry		00:24:30	00:23:51
58	361	Carl	Stinson		00:24:34	00:24:29
59	142	Micheal	Boyle		00:24:35	00:24:27
60	321	Andrew	Harvey	BARF	00:24:43	00:24:39
61	398	Taylor	Bell		00:24:45	00:24:24
62	357	Harshitha	J		00:24:54	00:24:35
63	234	Mark	Girvan	Belfast Frontrunners	00:24:56	00:23:50
64	162	Alan	Creswell	Belfast front runners	00:25:03	00:24:36
65	120	Kevin	McIlhennon	None	00:25:04	00:24:58
66	102	Grace	McNamee	Belfast Frontrunners	00:25:09	00:23:57
67	154	Paula	Simpson	Nort Down AC	00:25:15	00:25:11
68	272	Chris	McDermott	Victoria Park and Connswater AC	00:25:17	00:24:44
69	131	Sarah	Dargie	Belfast Frontrunners	00:25:17	00:24:52
70	328	Steven	Conville		00:25:18	00:25:14
71	215	Philip	Doyle		00:25:26	00:25:11
72	30	David	McGeown		00:25:29	00:24:28
73	439	David	Brooks	Cheltenham	00:25:39	00:25:19
74	430	Sean	McKee		00:25:45	00:25:43
75	8	Peter	Mailey	Belfast Frontrunners	00:25:48	00:25:41
76	465	Aidyrunner	hughes	Mallusk. Harriers	00:25:53	00:25:48
77	458	Claire	McCafferty	Lough Mossketeers	00:25:54	00:25:48
78	427	Karl	De Luna		00:26:08	00:26:07
79	113	Michael	Blair		00:26:09	00:25:37
80	37	Nathan	Hanley		00:26:15	00:26:07
81	232	John	Hughes		00:26:16	00:25:19
82	413	Taylor	Wray	Unaffiliated	00:26:28	00:26:09
83	6	Marina	Cassidy	Belfast Front Runners	00:26:29	00:26:19
84	251	Naomi	Robinson	Belfast Front Runners	00:26:32	00:26:06
85	228	Majid	Khan		00:26:35	00:26:26
86	240	Shannen	McClenaghan		00:26:40	00:26:32
87	323	Andrew	Scott		00:26:54	00:26:43
88	82	Michael	Doherty		00:26:54	00:26:27
89	444	Dan	Miskimmon		00:26:57	00:26:29
90	496	AN	Other		00:26:59	00:26:35
91	338	Dónal	Rainey	Belfast Frontrunners	00:27:04	00:26:44
92	73	Eimer	Proctor	Knockbracken Runners	00:27:04	00:26:46
93	227	Stephen	Aiken		00:27:06	00:26:58
94	11	Jasper	Gallagher	Belfast Frontrunners	00:27:10	00:27:02
95	284	selina	myles	Orangegrove AC	00:27:11	00:27:05
96	377	Eileen	Adair	Belfast Frontrunners	00:27:12	00:26:54
97	153	Darcy	Brady Greer		00:27:12	00:26:56
98	63	Rebekah	Maguire		00:27:12	00:26:40
99	311	Anthony	McKee		00:27:12	00:27:01
100	75	Becca	Hedley		00:27:13	00:26:39
101	143	Samantha	Greer	N/A	00:27:13	00:27:04
102	76	Jen	Hedley		00:27:14	00:26:44
103	141	Scott	Houston		00:27:14	00:27:06

104	194	Michael	Fearon		00:27:18	00:27:13
105	132	Conor	Rafferty	Edinburgh Frontrunners	00:27:22	00:26:16
106	133	Mark	Robertson	Edinburgh Frontrunners	00:27:22	00:26:16
107	325	Olivia	Scott		00:27:24	00:27:13
108	239	Abbie	Triggs		00:27:25	00:27:17
109	324	Alice	Scott	Carryduff Running Club	00:27:26	00:27:15
110	403	Noel	Kenny	Newcastle Frontrunners	00:27:26	00:26:18
111	123	Daniel	Miller		00:27:26	00:27:00
112	167	Riley	McMaster		00:27:27	00:27:01
113	329	Caolan	Mcclory		00:27:27	00:27:12
114	80	Colin	Bell		00:27:28	00:27:20
115	14	Jack	Kyle	Belfast Frontrunners	00:27:29	00:26:26
116	64	Sam	Herron-George		00:27:30	00:27:05
117	378	Chris	Leonard	Technically	00:27:31	00:27:25
118	236	Karen	O'Rourke		00:27:38	00:26:41
119	93	Michelle	Maguire		00:27:39	00:27:21
120	25	Joseph	Van Matre	Belfast Frontrunners	00:27:42	00:27:19
121	425	Eduardo	Saiz		00:27:46	00:27:40
122	105	Aaron	Eakin	Belfast Azlans	00:27:48	00:27:25
123	410	Graeme	Moore		00:27:52	00:26:44
124	65	Chris	Herron-George		00:27:55	00:27:19
125	283	Jim	Bradley	N/a	00:27:56	00:27:30
126	68	Martin	McAuley		00:28:03	00:27:57
127	171	Isaac	BRANNIGAN	MICHAEL BRANNIGAN	00:28:06	00:28:02
128	55	Alistair	Browne		00:28:07	00:27:23
129	406	Peter	Dunwoody		00:28:08	00:27:27
130	35	Robert	Duffy	West Belfast Coolers	00:28:16	00:27:53
131	226	Rory	Liston		00:28:27	00:27:44
132	225	Amanda	Liston		00:28:27	00:27:46
133	112	Gavin	Mccauley	Azlans	00:28:28	00:28:04
134	119	Adrian	Sweeney		00:28:33	00:27:59
135	419	Edward	Carlsson Browne		00:28:33	00:28:23
136	372	Tina Leggs	Tantrum	Dragstoriches	00:28:34	00:28:25
137	206	ANDREW	Shiels	Belfast frontrunners	00:28:36	00:28:07
138	385	David	Mulholland		00:28:38	00:28:01
139	455	Helena	Park	Carson McDowell	00:28:42	00:28:10
140	452	Kamila	Wroniak	Carson McDowell	00:28:42	00:28:10
141	173	Ellen-Jane	Dodd		00:28:43	00:28:29
142	144	Orlaith	O'Hare	Aeracha Uladh	00:28:47	00:28:20
143	151	Sarah	Heatley	Aeracha Uladh GAC	00:28:47	00:28:14
144	268	Eilis	O'Kane	Belfast frontrunners	00:28:48	00:28:16
145	169	Oliveen	Bradley	Sleacht Néill	00:28:50	00:28:38
146	269	Megan	Bradley	Belfast frontrunners	00:28:51	00:28:44
147	380	Tighearnan	Browne	Technically	00:28:59	00:28:58
148	371	Gokul	Ravikumar		00:29:00	00:28:43
149	382	Paula	Cahill		00:29:07	00:28:11
150	41	Gee	Finlay	Belfast Frontrunners	00:29:11	00:28:28
151	292	Grace	Neill		00:29:14	00:29:03
152	429	Craig	Bradley		00:29:14	00:29:03
153	279	Aisling	Kennedy		00:29:16	00:28:43
154	278	Bronagh	Smart		00:29:16	00:28:45
155	360	Kannan	Govindan		00:29:16	00:29:00

156	498	Kellie	Beattie		00:29:23	00:28:23
157	366	Raghunathareddy	Peddahothuru		00:29:27	00:28:46
158	152	nuala	collins	NICSAC	00:29:33	00:29:03
159	370	Ganapathi	Reddy		00:29:33	00:28:54
160	34	Kerrie	McLaughlin	Belfast Front Runners	00:29:34	00:29:08
161	333	Shannon	Mcbride		00:29:34	00:29:06
162	148	Sarah	Scullion	Aeracha Uladh	00:29:34	00:29:02
163	156	Ryan	McBurney	Dadbods Run Club	00:29:36	00:28:36
164	130	Michelle	McCaul	Carryduff running club	00:29:37	00:29:07
165	298	Janine	McMeekin		00:29:40	00:28:41
166	136	Peter	Coulter		00:29:41	00:29:30
167	98	Jack	Sheehan	MindSpace	00:29:42	00:29:20
168	106	Cameron	Filmer		00:29:57	00:29:48
169	340	Liz	Reid	Belfast Front Runners	00:29:57	00:29:27
170	94	Deborah	Devlin		00:29:59	00:29:56
171	95	Becky	McLaughlin		00:29:59	00:29:56
172	36	Olivia	Brown		00:30:04	00:29:40
173	331	Noel	Mcgeown		00:30:04	00:29:40
174	400	Jamie	Morgan		00:30:05	00:29:44
175	81	Francis	Lagan	Azlans	00:30:10	00:29:47
176	326	Hanah	Millar	Willowfield Harriers	00:30:18	00:29:44
177	390	Judith	Pollock		00:30:19	00:29:37
178	327	Chloe	McCully	Willowfield Harriers	00:30:19	00:29:43
179	349	Tyler	Magill		00:30:26	00:30:14
180	242	Maeve	Gorman		00:30:27	00:29:37
181	1	Craig	Wilson	Belfast Frontrunners	00:30:33	00:30:24
182	500	AN	Other		00:30:36	00:30:24
183	337	Gwen	Montgomery		00:30:36	00:30:21
184	38	Lisa	Stewart		00:30:37	00:30:29
185	221	Raymond	Geddes	Azlans	00:30:37	00:29:30
186	334	Karen	Bowes		00:30:38	00:29:57
187	260	Charlie	Boyd		00:30:38	00:29:27
188	417	Raffy	Thomas		00:30:39	00:29:40
189	218	Reagan	McConnell	Belfast Frontrunners	00:30:40	00:29:40
190	179	Peter	Williams		00:30:47	00:30:04
191	435	Daniel	Leybourne		00:30:48	00:30:17
192	97	Maria	McGrogan	MindSpace	00:30:50	00:30:29
193	78	Sam	McCalmont	Belfast FrontRunners	00:30:50	00:29:36
194	303	Alixs	Ferguson-Bigger		00:30:50	00:29:36
195	31	Christine	Turley-Rock		00:30:52	00:30:19
196	256	Emma	Taylor	Ormeau Runners	00:30:55	00:29:53
197	257	Michelle	King	Ormeau runners	00:30:55	00:29:52
198	271	Adam	Kelly-Patterson		00:30:57	00:30:36
199	270	James	Kelly-Patterson		00:30:57	00:30:35
200	103	Niamh	McKenna	Belfast Frontrunners	00:30:59	00:30:00
201	203	Noel	Sharp		00:31:04	00:31:01
202	23	Adam	Duffy		00:31:06	00:30:28
203	247	Ashley	McKechnie		00:31:08	00:31:03
204	354	Joel	McCartney		00:31:09	00:30:28
205	472	Stephanie	Donnelly		00:31:11	00:30:40
206	289	Erin	Ferguson		00:31:11	00:30:22
207	290	Emma	Boal	Ward Park Runners	00:31:11	00:30:21

208	473	Seaneen	Bell		00:31:20	00:30:50
209	259	Peter	O'Boyle	West Belfast Coolers	00:31:20	00:30:27
210	231	Lisa	Hughes	WEST BELFAST COOLERS	00:31:29	00:30:32
211	281	Gemma	Barr		00:31:30	00:30:32
212	170	Michael	Brannigan		00:31:33	00:31:29
213	253	Nigel	Field	Carryduff Running Club	00:31:34	00:30:49
214	252	Pamela	Field	Carryduff Running Club	00:31:34	00:30:50
215	250	Frankie	Greer		00:31:35	00:31:10
216	5	Jason	Nevitt	Belfast Frontrunners	00:31:37	00:30:21
217	300	Brenda	Roddy		00:31:37	00:31:09
218	70	Catherine	Dallat	Knockbracken runners	00:31:42	00:31:24
219	332	Peter	Watters		00:31:51	00:31:35
220	305	James	Kerlin		00:31:52	00:31:30
221	306	Megan	McBurney		00:31:52	00:31:28
222	401	David	Telford	West Belfast Coolers	00:31:59	00:30:57
223	49	Kaylee	Finegan		00:31:59	00:31:23
224	50	Antoinette	Finegan		00:32:00	00:31:19
225	192	David	Lyness		00:32:00	00:31:22
226	356	Jenny	Keenan	Knockbracken Runners	00:32:02	00:31:44
227	262	Jill	McCune		00:32:12	00:31:55
228	426	Annemarie	Millar	Ballymena Runners	00:32:21	00:31:22
229	301	Jo	Shortt Butler		00:32:27	00:32:18
230	342	Eve	Nixon		00:32:31	00:32:02
231	446	Diageo 1			00:32:32	00:31:52
232	491	Jade	Bailie		00:32:32	00:31:39
233	363	Rachel	Nixon		00:32:33	00:32:04
234	453	Ciara	Vasilevskaja		00:32:33	00:31:38
235	422	Richard	Gray		00:32:43	00:31:47
236	431	Daisy	Stalker		00:32:45	00:32:06
237	432	Jackson	Burke		00:32:45	00:32:06
238	293	Ciaran	Rice	Belfast Frontrunners	00:32:50	00:31:35
239	175	Paudy	Knox	Belfast Frontrunners	00:32:50	00:32:29
240	40	Christopher	Spiers	Front runners	00:32:51	00:32:07
241	294	Brendan	Tubridy	Belfast Frontrunners	00:32:51	00:32:05
242	346	Eoin	Maguire		00:32:52	00:32:34
243	467	Gary	Mcildowney		00:32:53	00:31:44
244	115	Clair	Richardson	Carryduff Running Club	00:32:56	00:32:11
245	381	Fergal	McFerran		00:33:04	00:32:53
246	129	Dara	Caskey		00:33:07	00:32:33
247	4	Dom	Love	Belfast Front Runners	00:33:09	00:32:59
248	304	Clare	McComish		00:33:15	00:32:55
249	460	Christine	James		00:33:16	00:32:24
250	57	Robyn	McGrath		00:33:21	00:32:50
251	282	Laurice	Falsis-Marsden	North Belfast Harriers	00:33:23	00:32:45
252	99	Jordan	Russell	MindSpace	00:33:25	00:33:05
253	100	Jill	Bleakney	MindSpace	00:33:25	00:33:06
254	111	Annemarie	O'Hara	West belfast coolers	00:33:25	00:32:19
255	174	Lauren	Mitchell		00:33:28	00:33:13
256	391	Graeme	Pollock		00:33:31	00:32:50
257	443	Katrina	Gallagher	West Belfast Coolers	00:33:31	00:32:25
258	459	Christine Jnr	James		00:33:32	00:32:40
259	59	Leah	Russell	NA	00:33:35	00:33:06

260	58	Beth	McGrath		00:33:35	00:33:04
261	397	Helen	Halliday	Ormeau Runners	00:33:39	00:32:35
262	319	Martin	McLarnon	North Belfast Harriers	00:33:41	00:33:04
263	24	Christopher	O'Sullivan-Duffy		00:33:45	00:33:06
264	74	Beth	Wilson	Olympian Triathlon Club	00:33:49	00:33:14
265	72	Shonagh	Nelson		00:33:50	00:33:15
266	27	Anna	Minto		00:33:54	00:33:26
267	339	Nipuni	Odara		00:33:55	00:33:50
268	28	Nuala	O'Connor		00:33:58	00:33:52
269	441	Stephen	McAllister	West Belfast Coolers	00:33:58	00:32:58
270	348	Thomas	Glave	Birmingham Swifts	00:34:02	00:32:43
271	418	Conor	Sandford		00:34:03	00:33:41
272	451	Sophie	Crumlin	Carson McDowell	00:34:09	00:33:37
273	273	Jill	Henderson	NA	00:34:12	00:33:13
274	32	Fionnuala	McGlinchey		00:34:24	00:33:22
275	450	Diageo 5			00:34:30	00:34:12
276	46	Grace	Lavery		00:34:31	00:33:26
277	365	Emer	Murphy		00:34:36	00:33:28
278	288	Meabh	Morris	Belfast Harlequins Womens	00:34:40	00:33:54
279	286	Rebecca	Cruz	Belfast Harlequins Womens	00:34:40	00:33:56
280	245	Akshara	OSullivan		00:34:42	00:34:24
281	246	Rebecca	Cousins		00:34:42	00:34:26
282	168	Keeley	Bradley	Sleacht Néill	00:34:42	00:34:30
283	181	Amy	McGough	N/A	00:34:45	00:34:06
284	187	Sarah	Lamont		00:34:48	00:33:38
285	190	Fiona	Bailey-Norton		00:34:49	00:33:57
286	109	Roxy	Thompson	N/A	00:34:56	00:34:18
287	316	Shauna	Benson	West Belfast Coolers	00:35:05	00:34:10
288	394	Gerard	Mc clenaghan	West belfast coolers	00:35:06	00:34:08
289	423	Tracy	Lavery	West Belfast Coolers	00:35:06	00:34:11
290	492	AN	Other		00:35:09	00:34:42
291	186	Emer	Kielt		00:35:10	00:34:48
292	21	Holly	Brookes		00:35:11	00:34:23
293	20	Megan	Stewart		00:35:11	00:34:22
294	163	April	Carmichael		00:35:12	00:34:06
295	497	Sarah	Mcmanus		00:35:19	00:35:05
296	189	Joanne	Corr		00:35:20	00:35:11
297	188	Danni	Butler		00:35:20	00:35:03
298	267	Rosemary	McKee		00:35:23	00:34:32
299	266	Susan	Oneill		00:35:23	00:34:32
300	90	Kate	Large		00:35:28	00:34:20
301	457	Marianna	Mulvenna		00:35:31	00:34:22
302	456	Aoibheann	Fitzpatrick		00:35:31	00:34:24
303	461	Kay-Lyn	Venter		00:35:33	00:35:27
304	341	Leanne	Murray		00:35:42	00:34:46
305	285	Sophie	Lees	Belfast Harlequins Womens	00:35:43	00:34:57
306	258	Petrina	Doyle	N/a	00:35:43	00:35:19
307	274	Nat	Creighton		00:35:43	00:35:19
308	255	David	Thorburn		00:35:44	00:34:56
309	330	Susan	Houston		00:35:54	00:35:19
310	440	Finola	Gregory		00:35:55	00:35:11
311	275	Amy	Shaw		00:36:01	00:35:13

312	195	Fiona	McCaffrey		00:36:03	00:35:35
313	352	Jamie	Bryce		00:36:03	00:35:21
314	229	Deirdre	Rafferty	None	00:36:10	00:35:24
315	230	Nick	Rafferty	Carryduff Running Club	00:36:12	00:35:25
316	248	Ciara-jane	Sheridan		00:36:13	00:34:55
317	208	Éirinn	O'Heron	n/a	00:36:15	00:35:48
318	145	Angela	Sherman		00:36:26	00:35:29
319	399	Helen	Craig	Ormeau Runners	00:36:41	00:35:37
320	165	Arya	Dougan	Belfast Front Runners	00:36:43	00:36:36
321	368	Troy	Kelley		00:36:44	00:36:26
322	470	Julie	Roberts		00:36:46	00:35:37
323	217	Philip	Jones		00:36:53	00:36:46
324	177	Amanda	Jones		00:36:53	00:36:03
325	469	Joshua	Smith		00:36:56	00:35:36
326	51	Lee	Kinnier		00:37:00	00:36:23
327	146	Caitlin	Reid	Ophir rugby	00:37:19	00:36:13
328	353	Emily	Dunwoody		00:37:20	00:36:37
329	198	Sarah	Speers		00:37:21	00:36:30
330	295	Orla	McMahon	Belfast Frotn Runners	00:37:23	00:37:02
331	155	Gemma	Beattie		00:37:29	00:36:30
332	149	Nuala	Finch	Aeracha Uladh	00:37:37	00:37:04
333	447	Diageo 2			00:37:40	00:37:02
334	448	Diageo 3			00:37:45	00:37:05
335	126	Hannah	McGlade		00:37:46	00:36:53
336	125	Hannah	Gallagher-Lyall		00:37:46	00:36:53
337	415	Kerry	Connolly		00:37:48	00:37:41
338	204	Lauren	Tytler		00:37:50	00:37:02
339	344	Ada	Nixon		00:37:50	00:37:21
340	462	Lynda	Venter		00:37:56	00:37:52
341	42	Nora	Shortall	Wednesday Night Runners	00:37:59	00:36:56
342	69	Joanne	McCartney		00:38:02	00:36:38
343	468	Caroline	Poh	Ormeau Running	00:38:12	00:37:08
344	244	Ann	Johnston	Termoneeny	00:38:12	00:37:46
345	191	Cat	Bailey-Norton		00:38:18	00:37:26
346	376	Elainea	McConnell		00:38:19	00:38:11
347	359	Claire	Brown		00:38:28	00:37:11
348	386	Cliona	Maguire		00:38:38	00:38:19
349	207	Chloe	Henry		00:38:38	00:38:15
350	302	Olive	Knox-Bradley		00:38:38	00:38:12
351	220	Ashleen	Crowe		00:39:07	00:37:56
352	219	Ember	Crowe		00:39:07	00:37:58
353	343	Bethan	Nixon		00:39:11	00:38:42
354	88	Kerry	Cameron		00:39:18	00:37:48
355	89	Ciara	Woods		00:39:18	00:37:48
356	159	Duyen	Cao		00:39:36	00:39:34
357	158	Oanh	Nguyen		00:39:36	00:39:33
358	347	Amy	Fitzsimons		00:39:52	00:39:13
359	182	Donal	McQuillan		00:40:04	00:38:53
360	299	Daniel	Cartin		00:40:14	00:39:38
361	404	Kerry	Johnston		00:40:30	00:40:05
362	367	Roisin	Harper		00:40:44	00:39:34
363	241	Jo	Woosey		00:40:50	00:39:48

364	373	Victoria	McAvoy		00:40:52	00:39:49
365	384	Andrew	McCartney	Cosy runners	00:40:53	00:39:50
366	408	Susie	Maskell	Ormeau Runners	00:40:59	00:39:57
367	264	Carol	Kernaghan	Ormeau runners	00:41:29	00:40:21
368	261	Izzy	McKee	Ormeau Runners	00:41:29	00:40:22
369	263	Nancy	Kelly	Ormeau Runners	00:41:29	00:40:21
370	92	Hannah	Magee	Scrabo Striders	00:41:30	00:40:06
371	52	Daniel	Callaghan		00:41:30	00:40:52
372	91	Luke	Mars	Scrabo Striders	00:41:32	00:40:10
373	67	Alex	Caldwell		00:41:35	00:40:55
374	235	Danielle	Harris	Ballymena Runners	00:41:35	00:40:39
375	336	Billy	Wilson		00:41:42	00:40:40
376	317	Alex	Clyde		00:42:11	00:41:16
377	396	Majella	Cassidy		00:42:12	00:41:16
378	233	Éamonn	Mateer		00:42:13	00:40:52
379	238	Emer	McGuckian		00:42:15	00:41:18
380	318	Craig	Stewart		00:42:20	00:41:25
381	287	Nuala	McKeown	Belfast Harlequins Womens	00:42:22	00:41:28
382	454	Roisin	McKenna		00:42:33	00:41:36
383	314	Amie	Mulholland		00:42:48	00:42:27
384	315	Cherie	Mulholland		00:42:49	00:42:29
385	392	Alasdair	Irvine		00:43:01	00:41:42
386	393	Gillian	Irvine		00:43:01	00:41:43
387	214	Jacqueline	Creighan		00:43:02	00:41:44
388	85	Amy	Devlin		00:43:50	00:42:53
389	211	Patricia	O' Hare Neill		00:44:13	00:42:51
390	213	Nuala	O'Hare-Neill		00:44:13	00:42:51
391	369	Jency	Thomas		00:44:46	00:44:28
392	362	Sathish Kumar	Manohar		00:44:56	00:44:37
393	150	Kellie	Harkin		00:46:56	00:46:20
394	201	Katie	Laverty		00:47:01	00:46:48
395	200	Danielle	Ferris		00:47:04	00:46:50
396	61	Maria	McQuillan		00:47:33	00:46:24
397	62	Niall	McKenna		00:47:34	00:46:24
398	445	Bernadette	McClenaghan	West Belfast Coolers	00:48:29	00:47:07
399	108	Eoighan	Rafferty		00:48:47	00:47:55
400	209	Megan	Mccalmont		00:48:47	00:47:57
401	249	Tara	Sheridan		00:48:49	00:47:29
402	87	Éimear	Gallagher		00:49:09	00:48:26
403	86	Ellie	Davis	Belfast FrontRunners	00:49:09	00:48:26
404	212	Christina	Campbell		00:49:13	00:47:50
405	322	Tricia	Donaghy	TRICIA	00:49:13	00:47:52
406	464	Aoife	McMullan		00:49:22	00:47:58
407	463	Cillian	McMullan		00:49:28	00:48:04
408	127	Sara	McMullan	Carryduff running club	00:49:28	00:48:04
409	405	Andrew	Wakefield		00:49:29	00:48:43
410	388	Kristy-Anne	Takel	Termoneeny	00:49:33	00:49:13
411	387	Oran	Scullion		00:49:33	00:49:13
412	164	Elizabeth	Carmichael		00:50:04	00:48:57
413	265	Paul	Magee	Scrabo Striders	00:50:09	00:48:47
414	312	Caoimhe	Cardwell		00:50:09	00:49:03